

Application Report

Applicant Organization: Westview Behavioral Health Services
Project Name: Westview.FY24.SABG.Tx
Application ID: App-23-268
Funding Announcement: SFY24 SABG Treatment Application
Requested Amount: \$259,061.00

Section Name: Needs Assessment

Sub Section Name: Needs Assessment Questions

1. Applicant Question: 1. Using quantitative and qualitative data, describe your county's needs as they relate to providing treatment and recovery services to the Substance Abuse Prevention and Treatment Block Grant (SABG) priority populations. (Be sure to limit your response only to services that are paid through SABG funding.)

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Applicant Response:

Demographics Data -- Newberry and Saluda Counties		
	Newberry	Saluda
Population	Approximately 38,500	Approximately 20,500
Average Age (datausa)	42	44
Poverty Rate	17.6%	15.1%
Median Household Income with child (kidscount)	\$47,700	\$42,000
Children in Single parent households (County Health Rankings)	36%	30%
Race/ethnicity rates (datausa)	White -- 60%; Black/African American -- 31%; Hispanic -- 7.5%	White -- 58%; Black/African American -- 24%; Hispanic -- 15.5%
Number of Veterans (datausa)	1740	825
Political	60% Conservative 40% Liberal	64% Conservative 36% Liberal

According to ODMAP, Saluda County had 28 suspected overdoses during the calendar year 2022. Six of these were fatal. During the same period, ODMAP shows 53 suspected overdoses in Newberry County with 1 fatality. (NOTE: ODMAP shows two overdoses. However, one was resident of Effingham County, Georgia, and the fatality occurred there.)

Newberry ranks fourth among the 46 counties in the state for DUI crashes. As might be expected, Newberry County ranks first in the state for DUI arrests, as well as drug law violations. Saluda County ranks sixth and seventh, respectively, on these measures (2022 County SUD

Profiles)

Responses in the 2022 Newberry Hospital Community Health Assessment included a request for more substance abuse programs aimed towards teens.

Greater than 8% of youth respondents to the 2022 Communities That Care survey indicated that they currently used vapes.

School incidents associated with mental health or substance use is growing among students. Over the last six months in the Newberry schools, 66% of reported incidents involved mental health issues, including threat of suicide by drugs. Another 33% of incidents involved drug use. Similar information is not available for Saluda County.

According to the Substance Abuse and Mental Health Services Agency, only 1 in 10 persons with a substance use disorder seek treatment.

The following tables show the number of prevalent priority populations who sought treatment in Newberry and Saluda Counties during the first six months of FY23. Also shown is the estimated number of persons in each population who need treatment.

Priority Population	# receiving SUD treatment 7/1/22 – 3/31/23	Estimated total # needing SUD treatment
Adolescent	22	220
Underserved rural areas	92	920
Criminal/Juvenile Justice	26	260
Pregnant Women/Women with Dependent Children	50	500

Social determinants of health

According to the U.S. Department of Health and Human Services, social determinants of health are the conditions in the environments where people are born, live learn, work, play and age that affect a wide range of health functioning and quality-of-life outcomes and risks. A directory of social determinants of health was published by the CDC in its [Data Set Directory of Social Determinants of Health](#) (2004)

In Newberry and Saluda, prevalent social determinants of health are:

Under economic stability --

Median family income (with child, five-year average) = \$47,700 in Newberry, \$42,000 in Saluda, \$64,900 statewide (kidscount). While this datapoint for Newberry and for the state has gone up, median family income has gone down in Saluda.

Children in poverty (2021) = 24.8% in Newberry, 24% in Saluda, 20% statewide (kidscount)

In social and community context --

11th graders indicating quite a lot/a great deal of alcohol/drug use on school grounds = 6.4% (2020 Newberry CTC survey) State and Saluda not available

In health care access and quality --

Rates of adult smoking = 21% in Newberry, 12.6% in Saluda, 19% in South Carolina (2021 SC County Health Rankings)

According to recent DHEC Data Walk initiatives in each county, Newberry has 6 primary care physicians per 10,000 residents, while Saluda has 2 per 10,000 residents. The state rate is 9 physicians per 10,000 residents.

Access to mental health providers is a major problem in both Newberry and Saluda. Newberry's citizen to mental health provider ratio is 1670:1. Saluda's citizen to mental health provider ration is 1710:1. The state's rate is almost three times better at 550:1.

Engagement with the justice system is high in Newberry compared to the state, but lower in Saluda. According to the 2020 Crime in South Carolina Annual Report of the SC State Law Enforcement Division, there were 6931.6 arrests per 100,000 citizens in Newberry, 2675 per 100,000 in Saluda. These numbers bracket the state rate of 4,257 per 100,000 in South Carolina.

The same is true for DUI violations. According to the SC State Law Enforcement Division, there were 602 DUI arrests per 100,000 citizens in Newberry, 290 per 100,000 in Saluda, and 313 per 100,000 in South Carolina. (2020 Crime in South Carolina Annual Report, SC State Law Enforcement Division)

The trend continues with laws involving alcohol and other drugs. There were 2,516 per 100,000 residents in Newberry, 435 per 100,000 in Saluda, 930 per 100,000 in South Carolina. (2020 Crime in South Carolina Annual Report, SC State Law Enforcement Division)

ACEs and risk factors as they relate to these disorders

According to the Centers for Disease Control and Prevention, adverse childhood experiences, or ACEs, are potentially traumatic events that occur in childhood (0-17 years). ACEs can have lasting, negative effects on health, well-being, as well as life opportunities such as education and job potential.

February, 2023, data from the South Carolina Children's Trust shows that, in Newberry, 61% of children experienced at least one ACE. Similarly, in Saluda, 55.0% of children experience at least one ACE. These numbers are only slightly better than the state's 63.2% rate. The difference could be the result of low reporting in our rural areas.

Newberry's most prevalent ACEs are identified to be:

- Parental/divorce/separation -- 34%; associated risk factor – poor parental monitoring
- Emotional Abuse -- 31%; associated risk factor – mental health issues
- Household substance use -- 27%; associated risk factors – family history of substance abuse and favorable parental attitudes

Saluda's most prevalent ACEs:

- Emotional Abuse -- 27%; associated risk factor – mental health issues
- Household substance use -- 23%; associated risk factors – family history of substance abuse and favorable parental attitudes
- Parental/divorce/separation -- 20%; associated risk factor – poor parental monitoring

Low academic achievement and lack of school connectedness are also risk factors for high-risk substance use. In Newberry County, more than 60% of students did not meet grade-level reading and writing expectations. More than 65% did not meet mathematics expectations. Similarly in Saluda County, more than 60% of students did not meet grade-level reading and writing expectations, and almost 60% did not meet mathematics expectations.

Newberry Community Memorial Hospital’s 2022 Community Health Needs Assessment asked community members to identify health priorities for the Newberry Community. Relevant results are in the table below.

Priority	Result
The importance of addressing drug/substance abuse.	Ranked second among a “top ten”
Ranking drug/substance abuse as an overall health priority.	Ranked seventh among more than 30
Identify substance abuse services as important to future community health	57% of respondents

Attachment:

[SFY24.SALUDA.PWIDv2.xlsm](#) - EXCEL DOCUMENT

Section Name: Capacity

Sub Section Name: Capacity Questions

1. Applicant Question: 1. Discuss the internal and external resources available to provide treatment and recovery services, as they relate to SABG-funded services and activities, in your agency. (Be sure to limit your answer to SABG-funded services, programs, and staff.)

Discuss the internal and external resources available to provide treatment and recovery services, as they relate to SABG-funded services and activities, in your agency. (Be sure to limit your answer to SABG-funded services, programs, and staff.)

Include the following:

- Overview of your agency's current capacity to address priority populations, priority substances and service areas, both internal and external
- Unmet service needs/gaps in your catchment area
- Plan to build your agency's capacity to meet the above stated unmet service needs and gaps with a focus on diverse racial and ethnic minorities as well as your agency's underserved populations

Applicant Response:

Overview of current capacity

As a DAODAS-approved provider, Westview currently has the capacity to provide ADSAP assessments and PRI group sessions in each county. The ADSAP coordinator provides the majority of all assessments, treatment planning, and PRI group sessions in Saluda County. Historically, two trained PRI facilitators who alternate provision of PRI group services in Newberry County. However, staff vacancies currently prevent this. New staff are being trained and are expected to be ready to provide services by July, 2023.

Westview allocates approximately seven (7.5) total treatment FTEs to treatment services funded from the block grant. Another 2.5 FTEs are funded by grants and other revenue sources to provide MAT, PSS, and mental health services.

Through this staffing capacity, Westview is capable of serving general and priority populations currently within a three-week window between first call and first service.

Clients include adolescents, pregnant mothers, IV users, MAT patients, and other substance use disorders. While the largest segment of our clients see us for alcohol, marijuana, and methamphetamine, a significant portion of our agency caseload comes from priority populations.

Priority Population	# receiving SUD treatment 7/1/22 – 3/31/23
Adolescent	22
Underserved rural areas	92
Criminal/Juvenile Justice	26
Pregnant Women/Women with Dependent Children	50

Westview estimates it has the capacity to serve 20 IV drug users per year. Westview secured funding for MAT services through other funding from DAODAS. However, this is not recurring funding. Therefore, MAT services for opioid and stimulant use remain a service gap. A gap of coverage exists for potential MAT patients in Saluda who are not able to access services in Newberry. This, combined with program growth, creates a service gap for our clients. Westview is currently in discussion with a local provider to offer buprenorphine prescriptions to clients appropriate for discharge.

Formal/Informal Partnerships

Westview has developed, in partnership with Newberry County Summary Court, an offender-based intervention program to screen, educate and, as necessary, refer to treatment. A strong relationship with Saluda County Summary Court has been ongoing, as well.

Westview works closely with both the local Department of Probation, Pardon, and Parole and with the Department of Juvenile Justice to provide services for persons involved in the criminal and juvenile justice systems.

The Department of Mental Health has contracted with Westview to house a clinical counselor in the DMH office one day of the workweek. This clinician provides direct services, support referrals, and offer technical assistance to DMH staff. Through the contract, DMH offsets some of the costs associated with this provision of services.

Westview and the Saluda School District partnered by formal agreement to provide school-based counselors (2 FTE) with Saluda Elementary, Saluda Middle, and Saluda High Schools. The Saluda School District contracts with Westview to offset some of the cost.

Westview contracts with DAODAS to provide MAT coordination and peer support services. Westview also contracts with LRADAC to provide prescribing services to MAT clients.

Westview's clinicians receive clinical supervision by appropriately qualified supervisors. Clinicians attend regular training on concepts related to the field. Additionally, Westview is working to have clinicians trained in Eye Movement Desensitization and Reprocessing and polyvagal theory.

Unmet service needs

Funding for MAT programming is not recurring funding. Therefore, MAT services for opioid and stimulant use remain a service gap. A gap of coverage exists for potential MAT patients in Saluda who are not able to access services in Newberry. This, combined with program growth, creates a service gap for our clients. Another major service gap in Newberry and Saluda Counties concerns the capacity to connect clients with a prescribing primary care provider. Westview is currently in discussion with a local provider to offer buprenorphine prescriptions to clients appropriate for discharge. Because Westview cannot provide primary care services, it makes Westview's MAT services in Saluda all the more critical.

Another service gap specific to Saluda County is the availability of mental health counseling per capita. The Department of Mental Health eliminated services in Saluda several years ago, and Westview has attempted to fill the needs for mental health counseling, as well as substance misuse counseling.

Attention to priority populations

The chart below shows the number of priority population members seen by Westview.

Priority Population	# receiving SUD treatment 7/1/22 – 3/31/23
Persons at risk for Tb	1
Persons who inject drugs	2
Criminal/Juvenile Justice	26
Pregnant Women/Women with Dependent Children	50

Westview annually conducts a risk assessment for tuberculosis. Risk is consistently low in both Newberry and Saluda. Should risk increase Newberry will collaborate with the local health department to identify and contact persons at risk for Tb who are in need of services.

Westview will continue to monitor justplankillers and ODMAP, as well as collaborate with the hospital to identify persons who inject drugs who are in need of services.

Westview will continue its close partnership with the local Department of Pardon, Probation, and Parole and the local Department of Juvenile Justice.

Westview will continue to utilize connections with local primary care offices, Lifebridge, Westview's Empowering Families Program and Westview's Hispanic Outreach program to identify pregnant women/women with dependent children in need of services.

Much of the collaboration mentioned above will be supported by the Unite Us network.

ALL services by Westview will be person-centered, recovery-oriented, and trauma-informed. This will be accomplished by following the steps outlined in "Universal Design for Underserved Populations" in the Journal of Health Care for the Poor and Underserved, Volume 28, Number 3. (Bassuk, et al.)

1. Establish a mutually respectful, continuous relationship between persons served and providers.
2. Continue an assessment process which includes the context of the life, social determinants of presenting issues, and subjective experience of illness of the persons served.
3. Identify the needs, goals, and values of persons served.

4. Provider and persons served will continue to participate in a process of shared decision making informed by scientific evidence.
5. Providers negotiate service plans with persons served and involve their families in health care decisions.
6. Document the narrative and stated goals of persons served in the electronic health record.
7. Ensure that information systems and health records are transparent, available to service users, and are based on a high level of accountability to people seeking services.
8. Ensure that every client/patient is aware of the Client Bill of Rights.

Westview will also review initiatives identified by SAMHA at its webpage <https://www.samhsa.gov/behavioral-health-equity> for applicable programs.

Section Name: Implementation

Sub Section Name: Implementation Question

1. Applicant Question: 1. Please attach the Agency Goals, Objectives, and Performance Measures spreadsheet provided in the Attachments section of the announcement.

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Applicant Response:

[SFY24.NEWBERRY.ADOL.xlsm](#) - EXCEL DOCUMENT
[SFY24.NEWBERRY.CJI.xlsm](#) - EXCEL DOCUMENT
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[SFY24.NEWBERRY.PWWDC.xlsm](#) - EXCEL DOCUMENT
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Section Name: Signature Page

Sub Section Name: Signature Page

1. Applicant Question: Signature Page

Using the template provided, attach the signature page with the required signatures from the Executive Director and the Board Chair.

Applicant Response:
